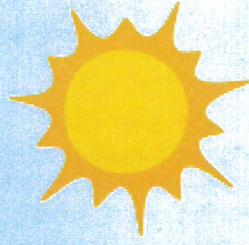




# Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October

## Twelve 15



### Thursday

### Friday



### Monday

### Tuesday

### Wednesday

Red

Green

Yellow

Vegetables

Dessert

Wholemeal Pasta  
Beef Bolognese

Harry Ramsden's  
Junior Battered Fish  
with Oven Chips

Ricotta Cheese &  
Spinach Wholemeal  
Ravioli in Tomato Sauce

Garden Vegetable  
Goujons  
with Oven Chips

Jacket Potato  
with Tuna

Ham Wrap

Cheese & Tomato  
Pasta Pot

Jacket Potato  
with Cheese and  
Beans

Cheese Wrap

Coleslaw  
Garden Peas

Sweetcorn  
Green Beans

Carrots  
Broccoli

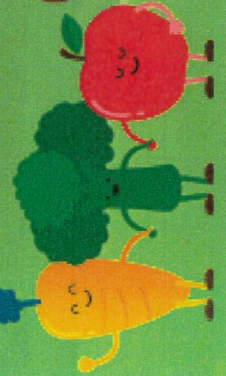
Garden Peas  
Baked Beans

Shortbread Biscuit

Fruit Yoghurt

Jelly with Whipped  
Creme Fraiche

Vanilla Ice Cream



Reduced sugar  
and salt recipes



Unlimited freshly  
baked bread and  
vegetables, crudités or  
salad bar every day

Free for everyone  
in Reception,  
Year 1 and 2

Look out for these symbols  
on our healthy choices

Vegetarian  
Oily Fish  
Wholegrain  
Fruity



We only use fish  
from sustainable  
sources

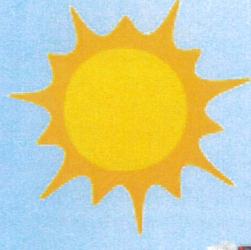




# Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October

Twelve 15



No added sugar  
Shuggington

Thursday

Friday

Tuesday

Wednesday

Monday



Red

Green

Yellow

Vegetables

Dessert

Ricotta & Mozzarella  
Filled Ravioli in  
Tomato Sauce

Beef Burger in a Bun  
with Oven Chips

Roast Chicken  
with Roast Potatoes  
& Gravy

Sweet & Sour Pork  
with Noodles

Fish Fingers  
with Potato Tots

Meat-Free  
Glamorgan Sausage  
with Potato Wedges

Southern Style Meat-  
Free Burger in a Bun  
with Oven Chips

Quorn Fillet  
with Roast Potatoes  
& Gravy

Mac 'n' Cheese with  
Wholemeal Garlic  
Bread

Veggie Burrito

Jacket Potato  
with Tuna

Ham Wrap

Cheese & Tomato  
Pasta Pot

Jacket Potato with  
Cheese and Beans

Cheese Wrap

Green Beans  
Carrots

Garden Peas  
Sweetcorn

Cauliflower  
Carrots

Sweetcorn  
Broccoli

Baked Beans  
Garden Peas

Banana Pancakes

Mixed Berry Mousse

Fruit Yoghurt

Cheese & Biscuits  
with Apple Slices

Chocolate & Beetroot  
Brownie with Whipped  
Creme Fraiche

LOW  
SALT

Reduced sugar  
and salt recipes

LESS  
SUGAR

Look out for these symbols

on our healthy choices  
Vegetarian  
Oily Fish  
Fruity  
Wholegrain

Unlimited freshly  
baked bread and  
vegetables, crudites or  
salad bar every day

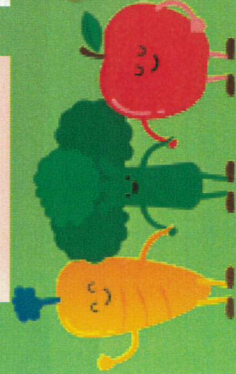
Free for everyone  
in Reception,  
Year 1 and 2



Harry Ramsbottom  
Junior



Prepared by Twelve 15  
Favourites

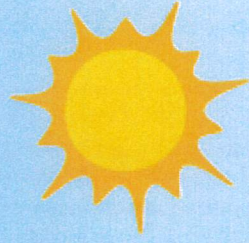






# Week 3 - Spring / Summer 2023 Menu

Week starting: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October



**Monday**

**Tuesday**

**Wednesday**

**Friday**

**Red**

Wholemeal  
Pasta Bake 🌱

Roast Turkey Teddy  
Meatloaf with Roast  
Potatoes & Gravy

Minced Beef &  
Vegetable Pie with  
New Potatoes & Gravy

Harry Ramsden's  
Junior Battered Fish  
with Oven Chips

**Green**

Meat-Free Chilli  
Topped Wedges 🌱

Quorn Fillet  
with Roast Potatoes  
& Gravy 🌱

Meat-Free Veggie Balls  
in Cheese & Tomato  
Sauce with Wholemeal  
Pasta 🌱

Meat-Free Sausage &  
Tomato Roll 🌱  
with Oven Chips

**Yellow**

Jacket Potato with  
Tuna

Cheese & Tomato  
Pasta Pot 🌱

Jacket Potato with  
Cheese and Beans

Cheese Wrap

**Vegetables**

Coleslaw  
Broccoli

Sweetcorn  
Garden Peas

Carrots  
Cabbage

Green Beans  
Sweetcorn

Baked Beans  
Garden Peas

**Dessert**

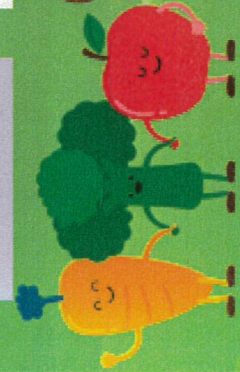
Fruit Yoghurt

Apple Muffin with  
Whipped Creme  
Fraiche

Strawberry Mousse

Fresh Fruit Salad 🍎

Waffle with Peaches  
& Whipped Creme  
Fraiche 🍓



Reduced sugar  
and salt recipes

**LESS  
SUGAR**

Free for everyone  
in Reception,  
Year 1 and 2

Unlimited freshly  
baked bread and  
vegetables, crudité's or  
salad bar every day

Look out for these symbols  
on our healthy choices  
🌱 Vegetarian 🐟 Oily Fish  
🌾 Wholegrain 🍓 Fruity



We only use fish  
from sustainable  
sources

