### WEEK 1

Week commencing - 3<sup>rd</sup> Nov / 24<sup>th</sup> Nov / 15<sup>th</sup> Dec / 19<sup>th</sup> Jan / 9<sup>th</sup> Feb / 9<sup>th</sup> Mar

## MONDAY

- (R) Cheese and Tomato Pizza with Potato Tots
- (G) Chinese Veggie Noodles
- (Y) Baked Potato with Beans

Dessert: Gingerbread Biscuit

### TUESDAY

- (R) Tex-Mex Beef and Beans with Rice
- (G) Veggie Sausage Rolls with Potato tots
- (Y) Baked Potato with Tuna

Dessert: Orange and Peach Jelly

### WEDNESDAY

- (R) Roast Chicken with Roast Potatoes and Gravy
- (G) Sweet Potato and Lentil Sausages with Roast Potatoes and Gravy
- (Y) Baked Potato with Beans

Dessert: Cheese and Biscuits with sliced Apple

### THURSDAY

- (R) Chicken and Vegetable Pie with Creamed Potatoes
- (G) Cheesy Tomato Pasta with Garlic Bread
- (Y) Baked Potato with Tuna

Dessert: Chocolate Sponge and Chocolate Sauce

### FRIDAY

- (R) Fish Fingers with Oven Chips
- (G) Veggie Dippers with oven Chips
- (Y) Baked Potato with Beans

Dessert: Strawberry Mousse

### WEEK 2

Week commencing - 10<sup>th</sup> Nov / 1<sup>st</sup> Dec / 5<sup>th</sup> Jan / 26<sup>th</sup> Jan / 23<sup>rd</sup> Feb / 16<sup>th</sup> Mar

### MONDAY

- (R) Creamy Pesto Pasta Bake
- (G) Forest Green Vegan Patty with Potato Tots
- (Y) Baked Potato with Beans

Dessert: Lemon Shortbread

## TUESDAY

- (R) Superfood Beef Grill with Potato Tots
- (G) Thai Style Mild Coconut and Lime Vegetables with Rice
- (Y) Baked Potato with Tuna

Dessert: Sliced Bananas with Vanilla Custard

### WEDNESDAY

- (R) Roast Pork with Roast Potatoes and Gravy
- (G) Cheesy Lentil and Sweet Potato Parcel with Roast Potatoes and Gravy
- (Y) Baked Potato with Beans

Dessert: Strawberry Jelly

### THURSDAY

- (R) Mild Coconut and Lime Chicken with Rice
- (G) Cheesy Courgette and Tomato Twist with half a Jacket Potato
- (Y) Baked Potato with Tuna
  Dessert: Sticky Orange Cake

### FRIDAY

- (R) Harry Ramsden's Fish with Oven Chips
- (G) Vegetable Fajitas with Oven Chips
- (Y) Baked Potato with Beans

Dessert: Peaches and Yoghurt

### WEEK 3

Week commencing - 17<sup>th</sup> Nov / 8<sup>th</sup> Dec / 12<sup>th</sup> Jan / 2<sup>nd</sup> Feb / 2<sup>nd</sup> March / 23<sup>rd</sup> Mar

### MONDAY

- (R) Veggie Pizza with Potato Tots
- (G) Tex-Mex Veg with Rice
- (Y) Baked Potato with Beans

Dessert: Fruity Oat Cookie

# **TUESDAY**

- (R) Pork Sausages (Contains Beef) with Creamed Potato and Gravy
- (G) Veggie Sausages with Creamed Potato and Gravy
- (Y) Baked Potato with Tuna

Dessert: Chocolate and Banana Shortbread Crunch

# **WEDNESDAY**

- (R) Roast Chicken with Roast Potatoes and Gravy
- (G) Plant Hero Vegan Roast with Roast Potatoes and Gravy
- (Y) Baked Potato with Beans

Dessert: Fresh Dairy Yoghurt

### THURSDAY

- (R) Sweet and Sour Chicken with Rice
- (G) Sweet Potato Whirl with Rice
- (Y) Baked Potato with Tuna

Dessert: Apple Crumble with Custard

### FRIDAY

- (R) Fish Fingers with Oven Chips
- (G) Mac 'n' Cheese
- (Y) Baked Potato with Beans

Dessert: Butternut Muffin