



14th December 2020

Dear Families

As part of your child's educational experience at Sandringham, we aim to promote personal wellbeing and development through our Personal, Social, Health and Economic (PSHE) framework which gives our children the knowledge, understanding, attitudes and skills to live healthy, safe and fulfilled lives, both now and in the future. From September 2020 the Department for Education is making Relationships and Health Education (RSE) compulsory in all schools. This is also referred to as Relationships and Sex Education. The new compulsory requirements have been integrated into our existing PSHE and Science curriculum. This also supports our statutory requirements to safeguard pupils and uphold the Equality Act (2010).

What does the new guidance mean?

The new guidance focuses on healthy relationships and learning about the emotional, social and physical aspects of growing up. It covers a wide range of topics which will give the children the information, skills and values to build safe, respectful and positive relationships. It will help them learn to take responsibility for their own well-being. All of the sessions will be age-appropriate and meet the needs of all pupils in the class.

How will this be delivered?

This guidance will form part of our school's PSHE education curriculum which is taught throughout the school from Reception to Year 2. We use the Jigsaw teaching and learning programme to deliver these topics. Jigsaw is a 'mindful' approach which has a strong focus on mental health and well-being. It provides a series of progressive age appropriate lessons which will be delivered by your child's class teacher. For more information on the Jigsaw approach, please use the link below:

<https://www.sandringham.surrey.sch.uk/assets/Uploads/Jigsaw-Information-Leaflet-for-Parents-and-Carers-2020.pdf>

There is also a link to the Dfe parent leaflets which explain the national requirements, <https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

Nurture, Enrich, Inspire

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. We will set class rules and expectations for these lessons with the children, these will include rules similar to:

- Taking turns to speak
- Listening to others
- Respecting privacy
- Showing respect for the views of others
- The right to pass - choosing if and when to speak
- Using kind and positive words

What if I have questions?

To ensure everyone is informed, we would like to review the draft policy and the statutory content of the relationships and health education programme (RSE). These documents can be found on our website, please use the link below:

<https://www.sandringham.surrey.sch.uk/assets/Uploads/Parent-Survey-questions.docx.pdf>

The draft policy also contains important information for parents who may wish to withdraw their children from these classes. Where lessons are non-statutory, we believe they are beneficial to your child's learning. As a school community, we are confident that you will support your child during these teaching sessions. We would really like your feedback on this draft policy and would please ask if you could complete the following short survey by Thursday 17th December. Your comments are welcomed and will help to inform us how to best support our families with this new area of the curriculum.

Please use the link below to complete our survey:

<https://forms.office.com/Pages/ResponsePage.aspx?id=L3SXt5XWaE65u86ZdvtQjG2138aZYUBJvfIZQY1B0BdUMVFDSVdCS1pDUFhRQ1hER1lBQldDQIRWUy4u>

Yours sincerely

Mrs Robinson
Well-Being Curriculum Leader